Welcome Juniors!

Class of 2021!

Your counselors this year

Ms. DePaoli Ms. Dominguez

Ms. Ibarra Mr. Ledesma

Ms. Miller

Ms. Smith Ms. Vernon



Mr. Yokomura

Counseling Support Staff

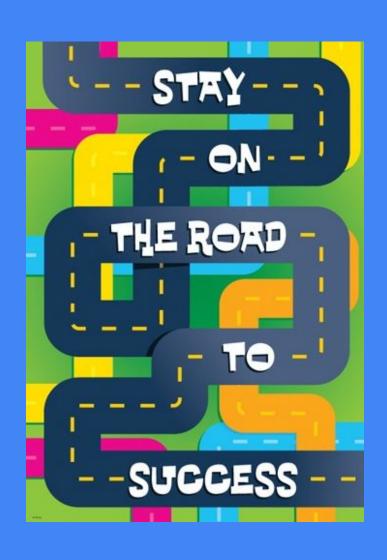
- Ms. Rasor College & Career Assistant
- Registrar Ms. Abelt
- Guidance Information Specialists -

Ms. Chamorro Ms. DeSpain

Did you know?



The first step is to enhance your communication skills!





Email is an important way to communicate with teachers, your counselor and college representatives.

Do you know how to write a proper email?

hi ms jones this is danny

i won't be at school today cuz i got the flu what is the english homework today

im really sorry i am not in class and need your help

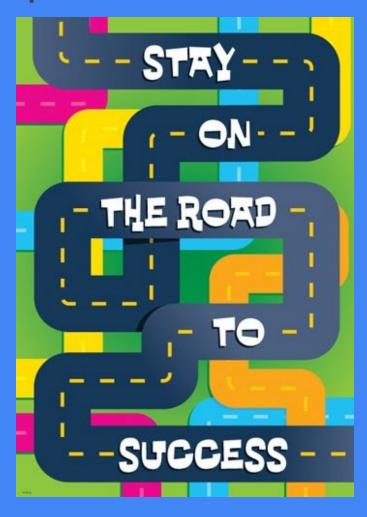
danny

Dear Ms. Jones,

This is Danny Smith from your 2nd period English class. Unfortunately, I am home sick with the flu today. Could you please let me know what the homework is? I am sorry I can't be in class today. Thank you so much for helping me!

Sincerely, Danny Smith

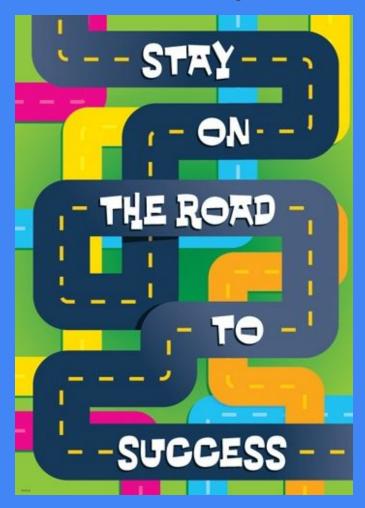
The next step is to take the PSAT!



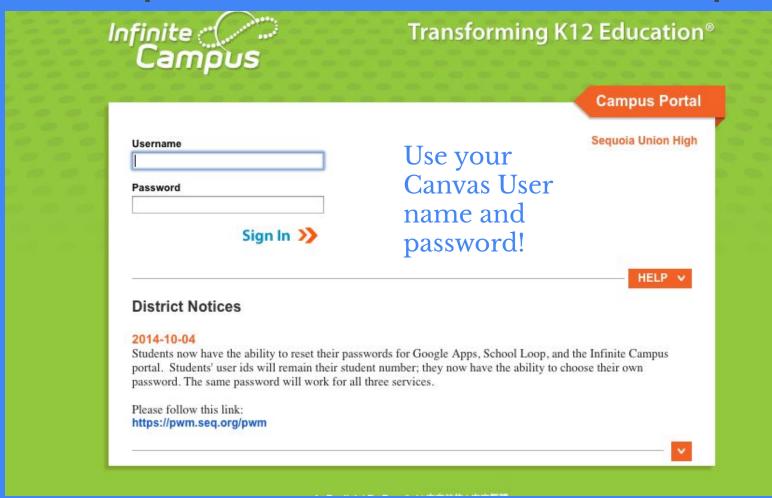
After PSAT use KHAN Academy

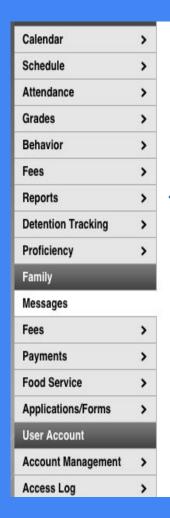
- Free Official SAT Practice on Khan Academy created in partnership with the College Board.
- Personalized practice recommendations.
- Full-length practice tests and thousands of sample questions.
- Accessible through any computer with Internet access.
- Materials also available to print.

The next step is to look at your transcript!



Step #1 Look At Your Transcript!





[10/04/2014]

Students now have the ability to reset their passwords for Google Apps, School Loop, and the Infinite Campus portal. Students' user ids will remain their student number; they now have the ability to choose their own password. The same password will work for all three services.

Please follow this link:

https://pwm.seq.org/pwm

School Notices - 0 messages

Go Mobile - Need Your District ID?







Get Your District ID

Click on the "Reports" Tab

Student Schedule	
Progress Report Card Q1	
Progress Report Card Q2	
Progress Report Card Q3	
Progress Report Card Q4	
Quarter Report Card Q1	
Quarter Report Card Q2	
Quarter Report Card Q3	
Quarter Report Card Q4	
UNOFFICIAL TRANSCRIPT	

GPA's



Repeat Tags

Course	Mark	Weight	Credit
2015-2016 Grade 10 Ter	m 2		
174000 Chemistry-P	C-	5.0000	5
052000 English II-P	В	5.0000	5
R133000 Geometry-P	D+		0
196800 Mod Euro Hist-P	В	5.0000	5
160021 PE-2	A	2.5000	2.5
076100 Spanish I-P	C+	5.0000	5
Credit: 22.500 GPA: 2.	667 U/W GF	A: 2.667	
2015-2016 Grade 10 Ter	m 3		
160021 PE-2	B+	2.5000	2.5
Credit: 2.500 GPA: 3.0	000 U/W GP	A: 3.000	
2015-2016 Grade 10 Ter	m 4		
174000 Chemistry-P	D+	5.0000	5
052000 English II-P	В	5.0000	5
R133000 Geometry-P	D+		0
196800 Mod Euro Hist-P	В	5.0000	5
160021 PE-2	A-	2.5000	2.5
076100 Spanish I-P	С	5.0000	5
Credit: 22.500 GPA: 2	444 H/W GF	A- 2444	

#4130993 Carlmont High Course		Weight	
2015-2016 Grade 10 Terr	m 4		
133000 Geometry A CP	В	5.0000	5
Credit: 5.000 GPA: 3.0	00 U/W GP	A: 3.000	
#4130993 Carlmont High Course		yber Hig Weight	
Course	mark	Aveignt	Credit
2015-2016 Grade 11 Ten	m 9		
133000 Geometry B CP	C	5.0000	5
		4. 2.000	
Credit: 5.000 GPA: 2.0	00 U/W GP	A: 2.000	

Credit Summary

Total		220.000	
Performing Arts (Fine Arts)		10.000	10.000
Visual and			
Social Studies	15.000	35.000	20.000
Science	20.000	20.000	0.000
Education	20.000	20.000	0.000
Physical			
Math		20.000	
Life Skills			
English			
		62.500	
Language III and above	0.000	10.000	10.000
CTE/World			
Requirements	Earned	Required	Remaining

Graduation vs. College Requirements



Carlmont High School

	CHS Graduation Requirements (passing with a D- or better)	A-G Requirements (passing with a C- or better)
English	40 credits	4 Years
Math	20 credits (10 credits of Algebra 1 or equivalent)	3 Years (4 years recommended) Algebra I Geometry Algebra II
Science	20 credits (10 credits of a lab Science)	2 Years** (3 years recommended) 1 year life science 1 year physical science
Social Studies	35 credits 15 credits Social Science 10 credits U.S. History 5 credits Government 5 credits Economics	2 Years World History U.S. History Government
Fine Arts	10 credits	1 Year (visual or performing arts)

C.T.E.	10 credits	No Requirement
P. E.	20 credits	No Requirement
Life Skills	2.5 credits	No Requirement
World Language	No Requirement	2 Years In the same Language (3 years recommended)
Electives	62.5 credits	1 Year of a college preparatory elective
Total Credits	220 Credits	

The next step is to research colleges!



NAVIANCE Can Help You Decide!

Interest Inventories

 Help you match interests and personality types with careers

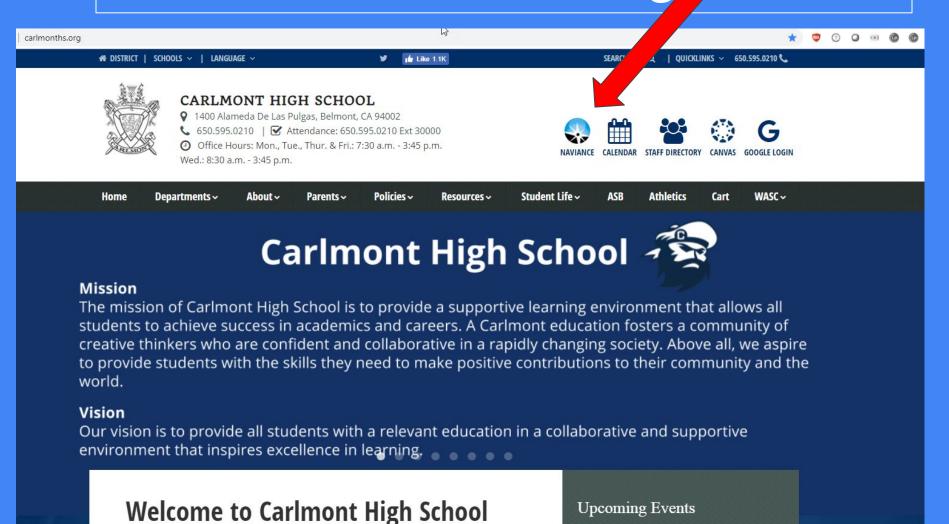
Career Searches

• Link to College Majors

College Searches

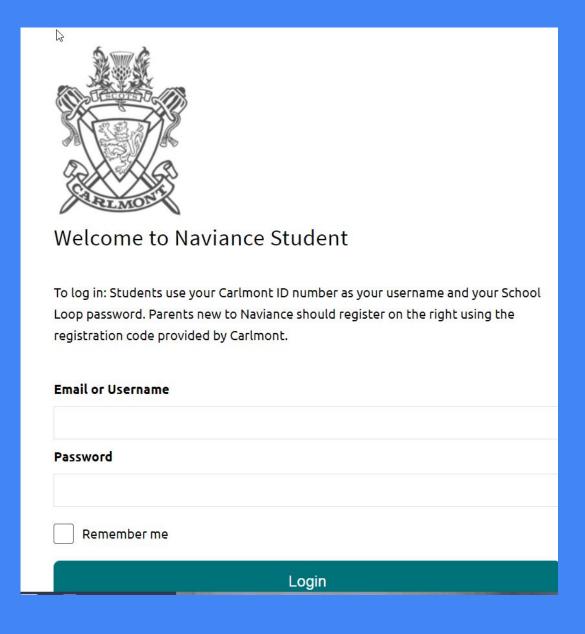
 Helps you find colleges with these majors

carlmonths.org

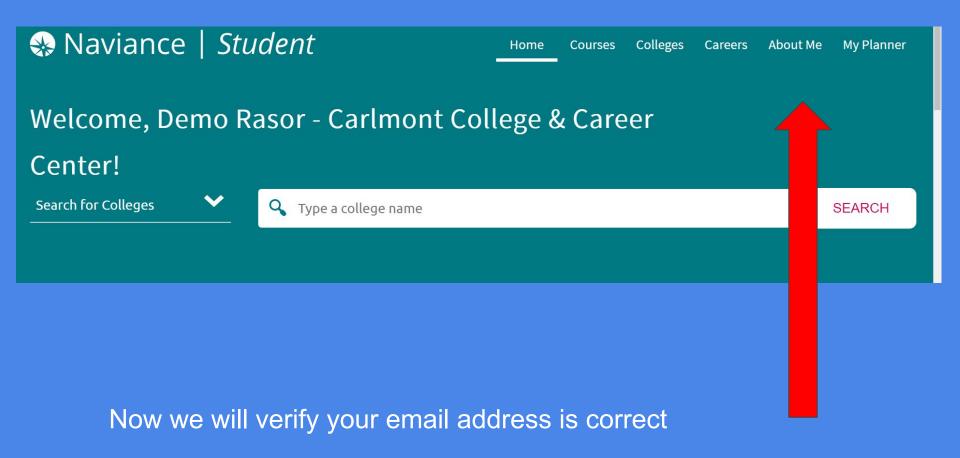


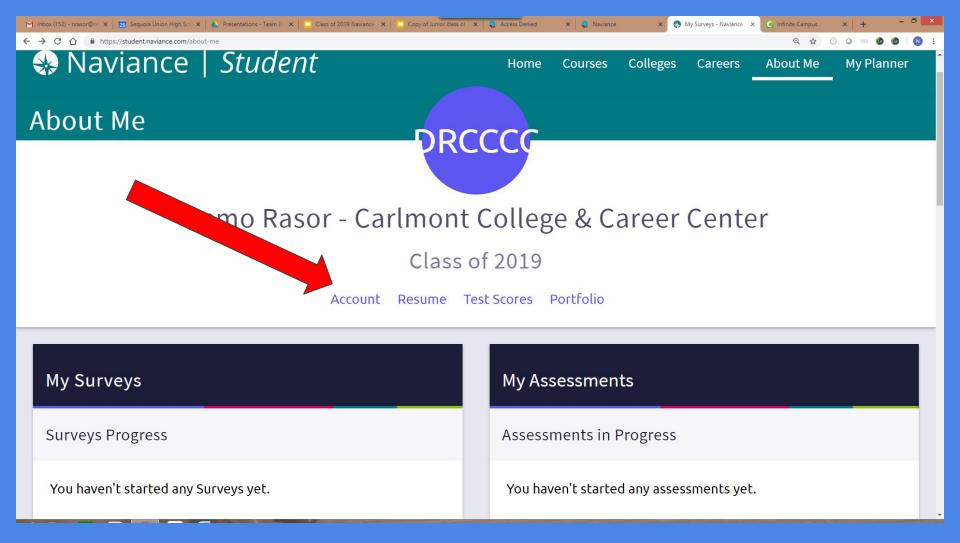
Username will always be your ID# (NOT @ seq)

Password will always be your first & last initial then 6 digit date of birth

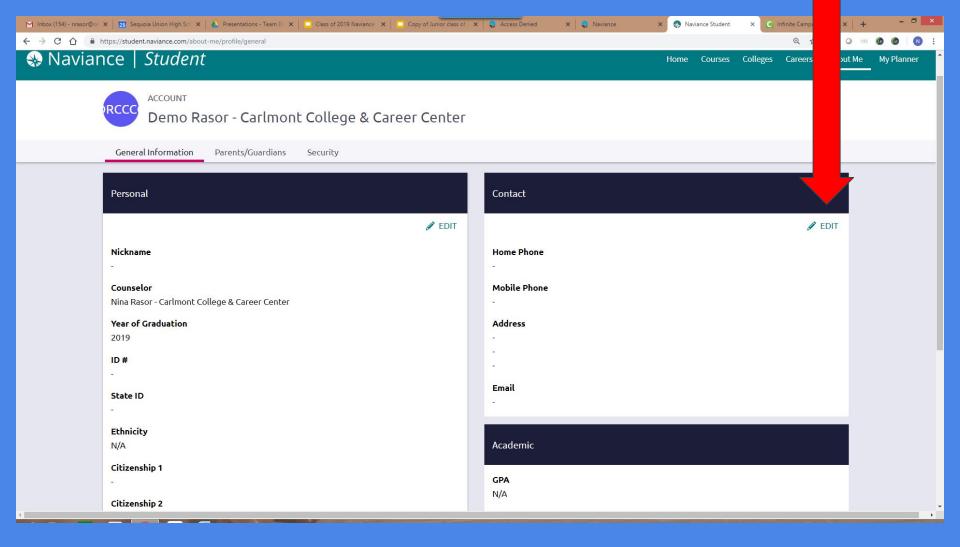


Go to About Me Home



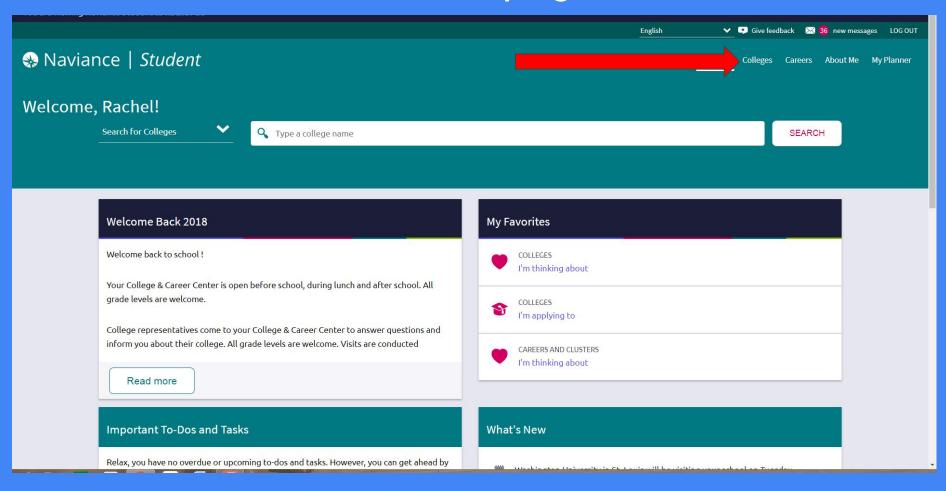


Click on Account

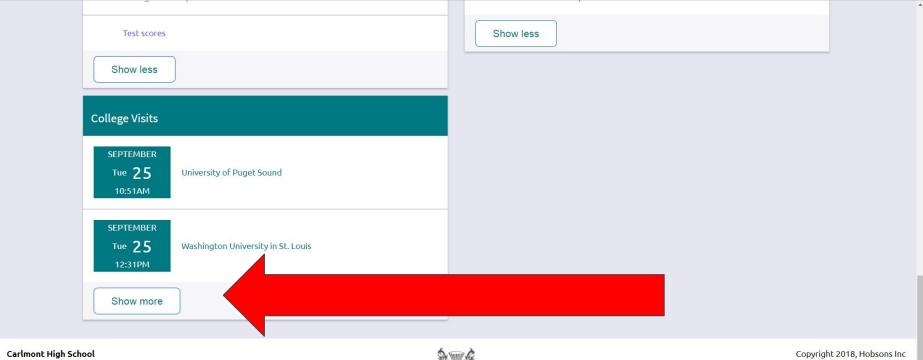


View your email address. If it is incorrect, click the EDIT pencil and input your updated email address

College Visits are listed on the College home page



Scroll down to the bottom, click on Show More, and view all the colleges coming til the end of November

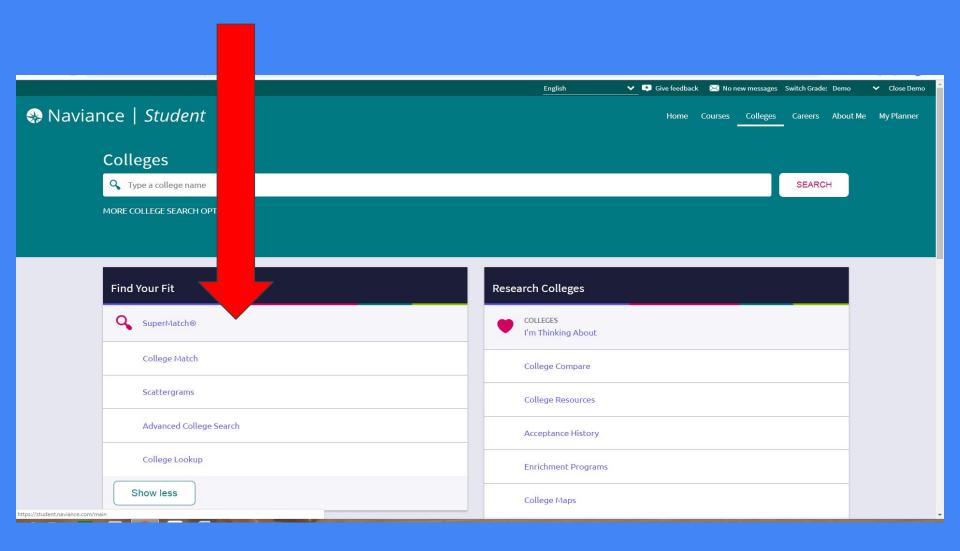


1400 Alameda De Las Pulgas Belmont, CA 94002-3585 p: (650) 595-0210 carlmonths.org Contact Counselor

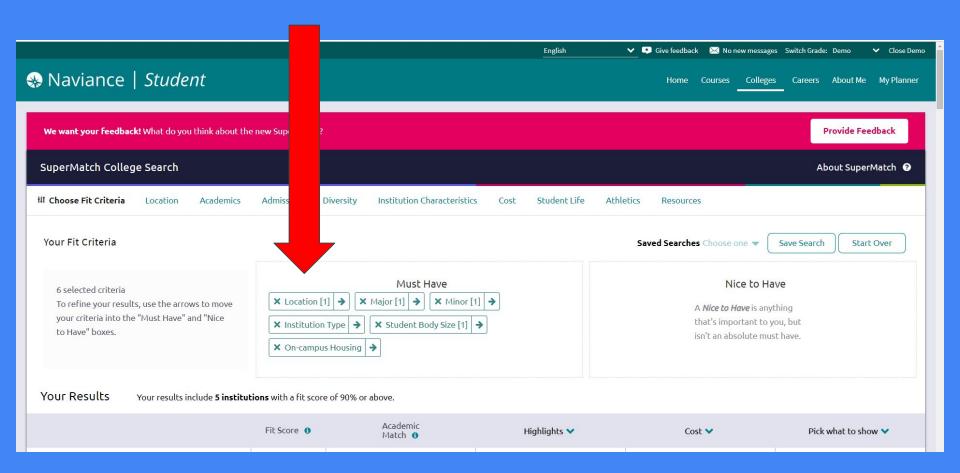


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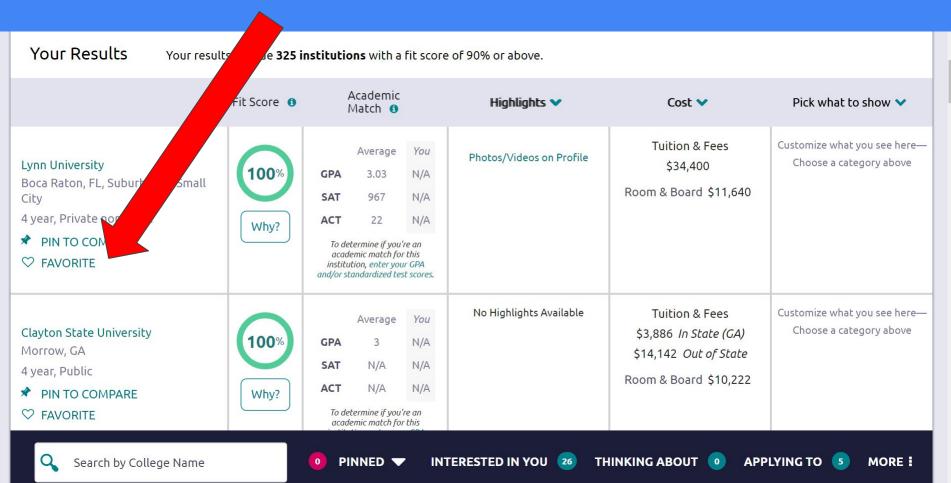
There are many ways to search for colleges in Navaince. Super Match is one.



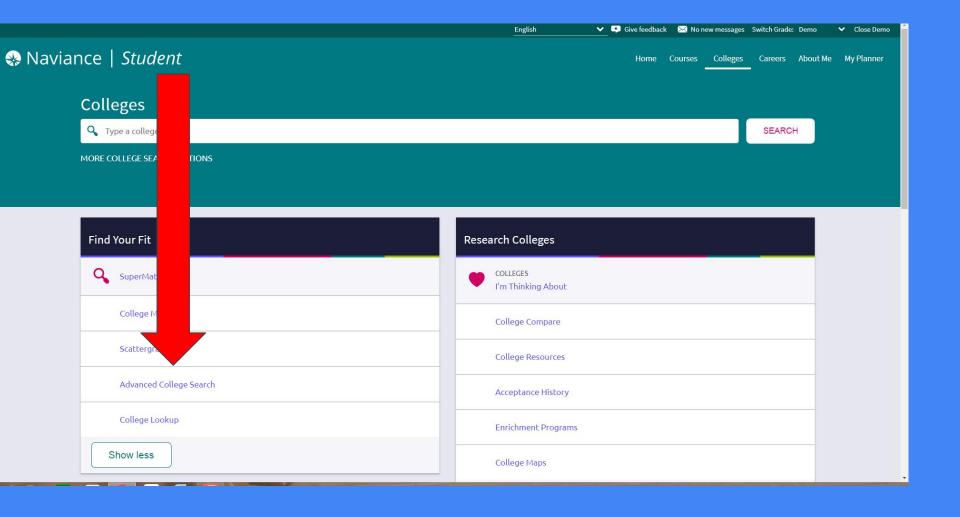
SUPER MATCH



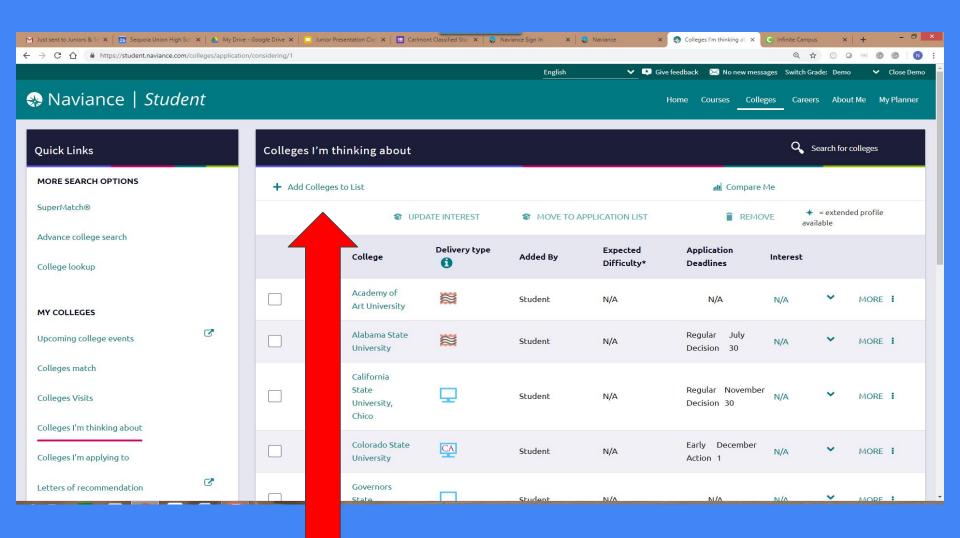
Clicking on the heart will add that college to "Colleges I am thinking about list"



Another search offered in Naviance Advanced College Search - it is located on the College home page



Colleges can directly be added to "Colleges I'm thinking about"



Purpose of "DO What You Are"

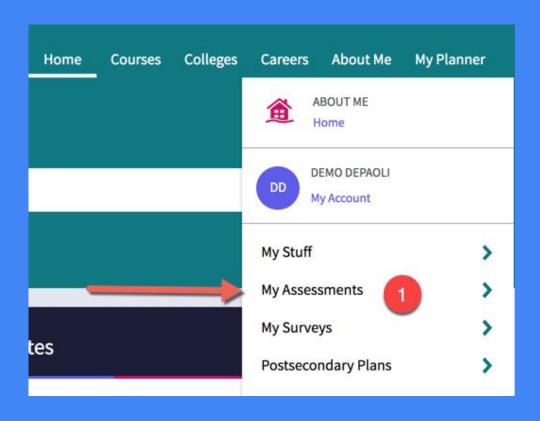
- 1. Discover your strengths and blindspots
- Discover careers that are linked to your personality traits
- 3. Find majors in those career areas
- 4. Find colleges that have those careers

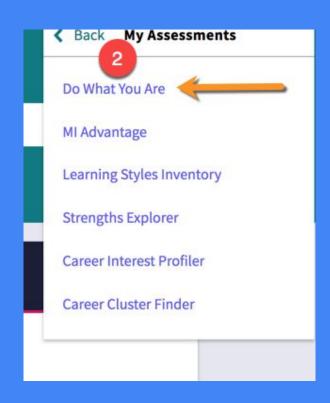
Tips

Quick Tips

- You will see two descriptions side by side.
- The descriptions may not be exact or you may relate to both.
- Choose the description that's most like you right now.
- There are no right or wrong, or better or worse answers.

Go to About Me home and click on "Do What You Are"





To Do Junior Year

- 1. Research Colleges and have a list in your "colleges I'm applying to" list
- 2. Review PSAT result
- 3. Study for SAT and ACT
- Sign up for second semester SAT and/ or ACT tests
- 5. Read all of your emails.

How do I get help?

- See your counselor!
- Visit the College Center!

